



Notice of Race

LYRA 2023 Regatta



July 24-30, 2023
Kingston Yacht Club
1 Maitland Street
Kingston, ON, Canada
K7L 2V3



Amended May 4 2023

Amended July 7 2023

Amended July 12 2023

Amended July 21 2023

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' in a rule in the NoR or SI means that penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. This changes RRS 64.2.

1. RULES

- 1.1. This regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
 - 1.1.1. For PHRF boats, the rules of PHRF-LO shall apply.
 - 1.1.2. For Multihull boats, the rules of the Great Lakes Multihull Racing Association (GLMRA) shall apply.
 - 1.1.3. For One-Design boats, the rules of their respective One-Design class shall apply.
 - 1.1.4. All boats must have a minimum of three people on board except for boats sailing a short-handed division in the Freeman Cup, if one is scheduled
- 1.2. The [Sail Canada Prescriptions](#) shall apply for the entire event.
- 1.3. Between sunset and sunrise, RRS Appendix RV - [REDUCED VISIBILITY RACING RULES](#) will apply.
- 1.4. [DP] [NP] Boats competing in the Centennial Cup Race(s) or the Freeman Cup Race(s) shall comply as follows:
 - 1.4.1. Monohull - Offshore Special Regulations 2023 Extract for Monohulls Category 3 which can be found on the [LYRA 2023](#) web site

- 1.4.2. Multihull - Offshore Special Regulations 2023 Extract for Multihulls Category 3 which can be found on the [LYRA 2023](#) web site.
- 1.5. [DP] [NP] Boats competing in the Founders Race(s) shall comply with the "Nearshore" category of the US Sailing Safety Equipment Requirements as follows:
 - 1.5.1. Monohull - US Sailing Safety Equipment Requirements (Nearshore - Monohull) which can be found at the [LYRA 2023](#) web site.
 - 1.5.2. Multihull - US Sailing Safety Equipment Requirements (Nearshore - Multihull) which can be found at the [LYRA 2023](#) web site.
- 1.6. [NP] [DP] Protocols related to COVID-19 shall be in compliance with Ontario Public Health, as interpreted by the Kingston Yacht Club.
- 1.7. The Centennial Cup Race(s), Founders Cup Race, Freeman Cup Race(s) and Course Racing shall each be treated as separate events for the purposes of NoR 7, 8 and 17.
- 1.8. If there is a conflict between languages, the English text will take precedence.

2. SAILING INSTRUCTIONS

- 2.1. The Standard Sailing Instructions (RRS Appendix S) will be used.
 - 2.1.1. The Supplemental Sailing Instructions (SSI) will be available at registration check-in and posted online at the [LYRA 2023](#) web site by July 16, 2023.

3. COMMUNICATIONS

- 3.1. The official notice board is located on the [LYRA 2023](#) web site.
 - 3.1.1. As a courtesy, notices may also be posted on a notice board located in the South window of the Sunshine Room (South-west corner) of the KYC clubhouse.
- 3.2. [NP] On the water, the Race Committee may make courtesy broadcasts to the competitors on VHF radio. VHF Frequencies used will be outlined in the Supplemental Sailing Instructions.
- 3.3. [DP] While racing except in an emergency, a boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction also applies to text messages and cellular telephones.

4. ELIGIBILITY AND ENTRY

- 4.1. The regatta is open to all owners and charterers who are members in good standing of LYRA member clubs, or if not a member of a LYRA member club upon payment of the non-LYRA club surcharge.
 - 4.1.1. Boat registering to compete under PHRF:
 - 4.1.1.1. Boats should be prepared to supply their PHRF-LO rating certificate information, which will be validated against the PHRF-LO Rating Database.
 - 4.1.1.2. If the boat is from outside the PHRF-LO region, a temporary PHRF-LO rating will be assigned based on information provided on a valid PHRF Certificate from that boat's home region.
 - 4.1.1.3. Flying Sail (FS) and Non-Flying Sail (NFS) Divisions will be created.
 - 4.1.1.4. [NP] Division splits will be published by the Organizing Authority based on registrations received by July 14, 2023.
 - 4.1.2. One-Design fleets are invited to apply to the Organizing Authority for consideration as a One-Design Class.
 - 4.1.2.1. Boats entering in One-Design will not be eligible for PHRF awards.
 - 4.1.2.2. Boats entering in One-Design must be members in good standing of their Class Association.
 - 4.1.2.3. Boats should be prepared to supply a copy of their Class membership or One-Design certificate.
 - 4.1.2.4. To be accepted, the class must:
 - 4.1.2.4.1. Be recognised by the Organizing Authority;
 - 4.1.2.4.2. Have registered a minimum of five boats by the early registration deadline of May 31, 2023.
 - 4.1.2.5. If the One-Design class is unable to qualify as a competing One-Design class, registered competitors who comply with NoR 4.1.1 will be offered the opportunity to compete in a PHRF division.

4.1.2.6. An option of 2-days course racing is available for One-Design fleets that have made prior arrangements with the Organizing Authority, and will be identified on the Registration form.

- 4.2. The entry fee shall be paid in full for each boat to be eligible to compete. As well, each boat shall satisfy the registration requirements.
- 4.3. Eligible boats may be entered by completing online registration found on the [LYRA 2023](#) web site.
- 4.4. Each participating boat shall successfully complete the Measurement and Equipment Inspection form as appropriate.

5. FEES

5.1. Fee Schedules (Plus applicable HST. All funds in CDN\$)

Event	Early Entry Fee Received on or before May 31, 2023	Entry Fee	Late Entry Fee Received on or after July 14, 2023
Founders Cup (East) Founders Cup (West) Centennial Cup (East) Centennial Cup (West) Includes berthing for competitors upon arrival.	\$165	\$175	\$195
Freeman Race (Long or Short Courses) Includes berthing for competitors effective noon on July 25.	\$165	\$175	\$195
Distance Special! Register for both a Feeder Race & Freeman Cup Race	\$210	\$225	\$245

Event	Early Entry Fee Received on or before May 31, 2023	Entry Fee	Late Entry Fee Received on or after July 14, 2023
Course Racing (3 days) Includes berthing for competitors effective noon on July 27. Boats LOA < 25ft Boats LOA 25ft - 29ft Boats LOA 30ft - 35ft Boats LOA >35ft	 \$285 \$330 \$380 \$425	 \$300 \$350 \$400 \$450	 \$330 \$385 \$440 \$495
Course Racing (2 Days) By Special Arrangement. See NoR 4.1.2.6. Harbour accommodation is included, effective July 28.	\$230	\$250	\$270
Non LYRA Club surcharge	\$30	\$30	\$30

- 5.2. All entry fees are non-refundable on or after July 15, 2023.
- 5.3. Competitors are responsible for launching and hauling their own boats. When facilities arranged by the OA are used, there will be a \$50 (Plus HST) fee charged for each launch or haul-out action.
- 5.4. Due to additional mooring costs, multihull competitors may be charged an additional fee, on a case-by-case basis.

6. [DP] **ADVERTISING AND MEDIA**

- 6.1. Boats and competitors shall comply with World Sailing Regulation 20, Advertising Code. Competing boats may be required to display advertising as provided by the Organizing Authority.
- 6.2. Boats may be required to display additional identification numbers (bow numbers).
- 6.3. Competitors automatically grant to the Organizing Authority, without payment, the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event.

7. SCHEDULE

- 7.1. Registration will be open beginning **April 1, 2023** for each component (Centennial and Founders Race(s); Freeman Cup Race(s) and Course Racing) until noon of the day prior to the scheduled first signal for each event.
- 7.2. The **Founders Cup (East); Founders Cup (West); Centennial Cup (West);** and **Centennial Cup (East)** Races.
 - 7.2.1. A Competitors Information Meeting will be held **Sunday July 23, 2023** at **1900** hrs via ZOOM. Registrants will receive the ZOOM link after their registration has been accepted.
 - 7.2.2. The first signal for the **Centennial Cup (West)** race will be at **1500** hrs on **Monday July 24, 2023**.
 - 7.2.3. The first signal for the **Founders Cup (West)** race will be at **1800** hrs on **Monday July 24, 2023**.
 - 7.2.4. The first signal for the **Founders Cup (East)** race will be at **1000** hrs on **Tuesday July 25, 2023**.
 - 7.2.5. The first signal for the **Centennial Cup (East)** race will be at **1400** hrs on **Tuesday July 25, 2023**.
 - 7.2.6. These races have a time limit of **2300** hrs on Tuesday July 25, 2023. Boats that have not finished by this time will be scored DNF.
- 7.3. The **Freeman Cup Races** will begin on Wednesday July 26, 2023.
 - 7.3.1. A Competitors Information Meeting will be held at 1000 hrs on Wednesday July 26, 2023 on the upper floor of the Kingston Yacht Club clubhouse.
 - 7.3.2. The first signal for the Freeman Cup Race (**Long Course**) will be at 1600 hrs.
 - 7.3.3. The first signal for the Freeman Cup Race (**Short Course**) will be at 1700 hrs.
 - 7.3.4. These races have a time limit of 2030 hrs on Thursday July 27, 2023. Boats who have not finished by this time will be scored DNF.
- 7.4. **Course Racing** will occur (unless alternate arrangements are made with the Organizing Authority) Friday July 28, 2023 through Sunday July 30, 2023.

- 7.4.1. A Competitors Information Meeting will be held at 0830 hrs on Friday July 28, 2023 on the upper floor of the Kingston Yacht Club clubhouse.
- 7.4.2. Unless otherwise arranged with the Organizing Authority, there will be a maximum of nine races, with no more than three races scheduled per day.
 - 7.4.2.1. If, in the estimation of the OA, weather conditions may prevent racing on future days, the Race Committee may schedule a fourth race.
- 7.4.3. The scheduled time for the first signal each day is 1100 hrs.
- 7.4.4. On the last scheduled day of racing, there will be no warning signal made after 1500 hrs.

8. MEASUREMENT AND EQUIPMENT INSPECTION

- 8.1. Each boat shall produce a valid measurement certificate at registration.
 - 8.1.1. For PHRF boats, the PHRF-LO rating (ASP) will be verified against the PHRF-LO database available on July 23, 2023.
- 8.2. The Technical Committee may conduct random spot checks on boats in respect of compliance with PHRF, compliance with para 1.4 & 1.5 of this NoR, Notice of Race and Sailing Instruction equipment requirements during the event and until two hours after completion of the final race of the event or series. The Technical Committee may protest yachts found to be in non-compliance.
- 8.3. Although the Organizing Authority conducts inspections of boats and equipment, this does not reduce the competitors' responsibilities as set out in this Notice of Race.

9. VENUE

- 9.1. Kingston Yacht Club (KYC) is located at 1 Maitland Street.
 - 9.1.1. There is limited parking in the area. KYC will post updated information of parking and storage arrangements on the [LYRA 2023](#) web site.
 - 9.1.2. Camping is not permitted on the club premises. There are many places to stay close to KYC. For a list of accommodation options, visit the [LYRA 2023](#) web site.

- 9.2. Cobourg Yacht Club (Start of Centennial Cup (West) Race) is located at 100 Hibernia Street, Cobourg ON. The club website is www.cobourgyachtclub.ca. Information about procedures and accommodation will be available through the [LYRA 2023](#) web site prior to the event.
- 9.3. Sodus Bay Yacht Club (Start of Founders Cup (West) Race) is located at 7431 Irwin St, Sodus Point, NY. The club website is www.sodusbayyc.org. Information about procedures and accommodation will be available through the [LYRA 2023](#) web site prior to the event.
- 9.4. Crescent Yacht Club (Start of Founders Cup (East) Race) is located at 27300 Independence Point Road, Chaumont, NY. The club website is www.crescentyachtclub.org. Information about procedures and accommodation will be available through the [LYRA 2023](#) web site prior to the event.
- 9.5. NoR Addendum A shows the location of the racing areas.

10. COURSES

- 10.1. **Feeder Races** (Founders Cup and Centennial Cup Races)
 - 10.1.1. Detailed course descriptions will be provided in the Supplemental Sailing Instructions.
 - 10.1.2. **Centennial Cup (West) Race**
 - 10.1.2.1. The race course will be along the north shore of Lake Ontario from Cobourg to Kingston via Lower Gap.
 - 10.1.2.2. Length of this course is approximately 85 nm.
 - 10.1.3. **Founders Cup (West) Race**
 - 10.1.3.1. The race course will be from Sodus Bay Yacht Club along the South Shore of Lake Ontario (including US Waters) to KYC via Lower Gap.
 - 10.1.3.2. Length of this course is approximately 75 nm.
 - 10.1.4. **Founders Cup (East) Race**
 - 10.1.4.1. The race course will be from Chaumont Bay along the South Shore of Lake Ontario (including US Waters) to KYC via Lower Gap.
 - 10.1.4.2. Length of this course is approximately 40nm.
 - 10.1.5. **Centennial Cup (East) Race**
 - 10.1.5.1. The race course for this race will be starting in the vicinity of **Kingston Yacht Club to K5, to H39 returning** to K5 then finishing at KYC.

- 10.1.5.2. Length of this course is approximately 25 nm.
- 10.2. **Freeman Cup Races**
 - 10.2.1. Detailed course descriptions will be provided in the Supplemental Sailing Instructions.
 - 10.2.2. The race course for the **long** course will be from KYC via continuing along the Lower Gap to the ODAS Weather Buoy, returning to Kingston via Upper Gap, North Channel and St. Lawrence River turning at H39 and finishing at KYC.
 - 10.2.2.1. Length of this course is approximately 100 nm.
 - 10.2.3. The race course for the **short** course will be from KYC via the Lower Gap to the ODAS Weather Buoy, returning to KYC via Lower Gap.
 - 10.2.3.1. Length of this course is approximately 60 nm.
- 10.3. **Course Racing** (July 28 through July 30)
 - 10.3.1. The courses and marks will be described in the Supplemental Sailing Instructions.

11. **PENALTY SYSTEM**

- 11.1. For some classes, RRS44.1 may be changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty. Classes affected will be identified in the Supplemental Sailing Instructions.

12. **SCORING**

- 12.1. RRS A5.3 will apply.
- 12.2. For all races except for Course Racing, the scores for the individual race will be included in the score to determine best overall awards, with no additional weighting.
- 12.3. For Course Racing, one race shall be completed to constitute a series.
 - 12.3.1. When 5 or fewer races have been completed, a boat's series score will be the total of all her race scores.
 - 12.3.2. When 6 to 8 races have been completed, a boat's series score will be the total of her race scores minus her worst score.
 - 12.3.3. When 9 races are completed, a boat's series score will be the total of her race scores minus her two worst scores.

13. SUPPORT BOATS

- 13.1. Competitors' support boats are permitted only by prior arrangement with the OA. Support boats shall declare the sail numbers of each competitor they are supporting.
- 13.2. Support boats are expected to monitor the safety channel on their VHF radios and be available to assist in an emergency.
- 13.3. All support boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. (Outside areas where boats are racing also include areas where support boats and competitors' boats will affect the wind conditions of boats still racing, especially at the finish.)

14. CHARTERED OR LOANED BOATS

- 14.1. A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided the race committee has approved her sail identification before the first race.

15. [NP] [DP] BERTHING

- 15.1. All boats and trailers will be stored as designated by KYC.
- 15.2. Dock spaces occupied by visiting competitors must be vacated by 1100 hrs. Monday July 31, 2023.
- 15.3. Berthing control radio communications will use VHF 68.

16. HAUL-OUT RESTRICTIONS

- 16.1. [DP] Keelboats shall not be hauled out during the event except with and according to the terms of prior written permission of the technical committee.

17. DIVING EQUIPMENT AND PLASTIC POOLS

- 17.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the event.
- 17.2. Keelboats shall not be cleaned below the waterline by any means during the event.

18. RISK STATEMENT

- 18.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

19. INSURANCE

- 19.1. Each participant, including support boats, shall be responsible for being insured with valid third-party liability insurance for a minimum of \$2,000,000 CAD, per incident or the equivalent.

20. PRIZES

- 20.1. Prizes will be awarded to the top three boats in each Division.
- 20.2. Additional awards may be presented.

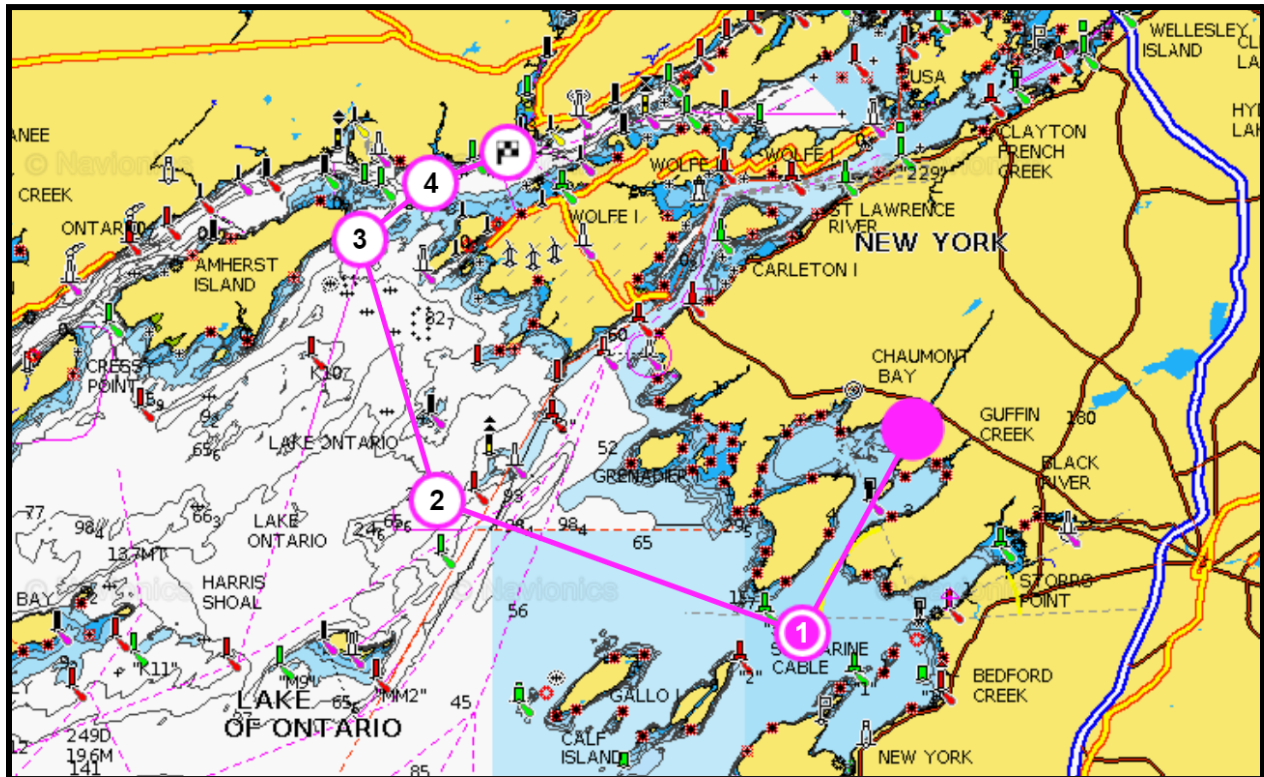
21. FURTHER INFORMATION

- 21.1. For further information please contact:
 - 21.1.1. [The Kingston Yacht Club](#)
 - 21.1.2. LYRA 2023 Communications Officer via telephone at 613-548-3052 x215 or via [email](#) to: LYRA2023@kingstonyachtclub.ca

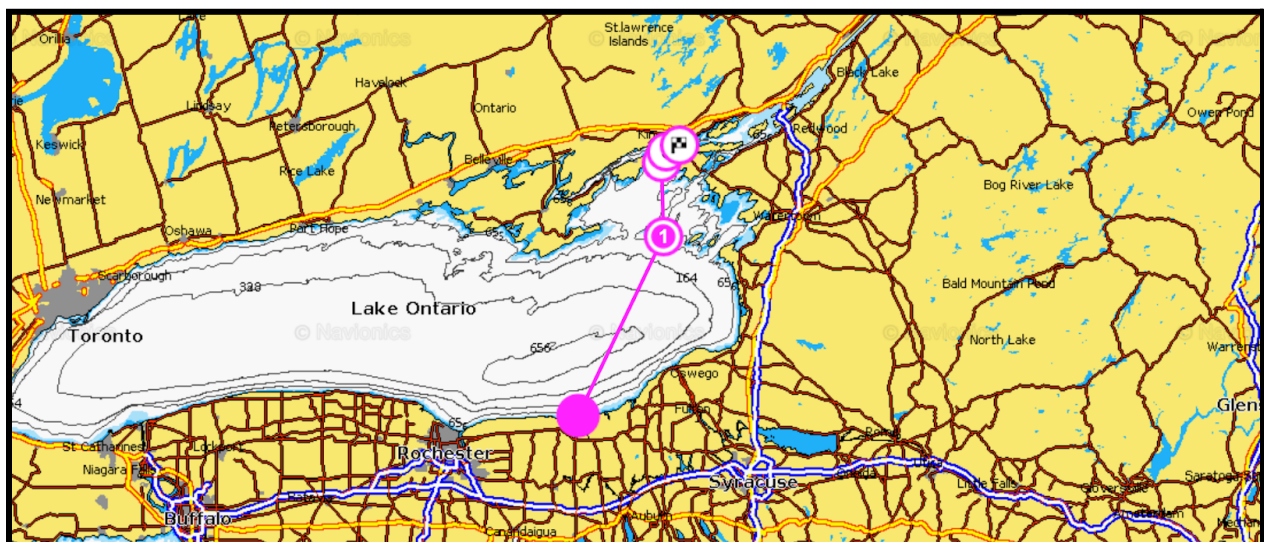
Addendum A - Course areas

Charts are "Not to be used for Navigation"

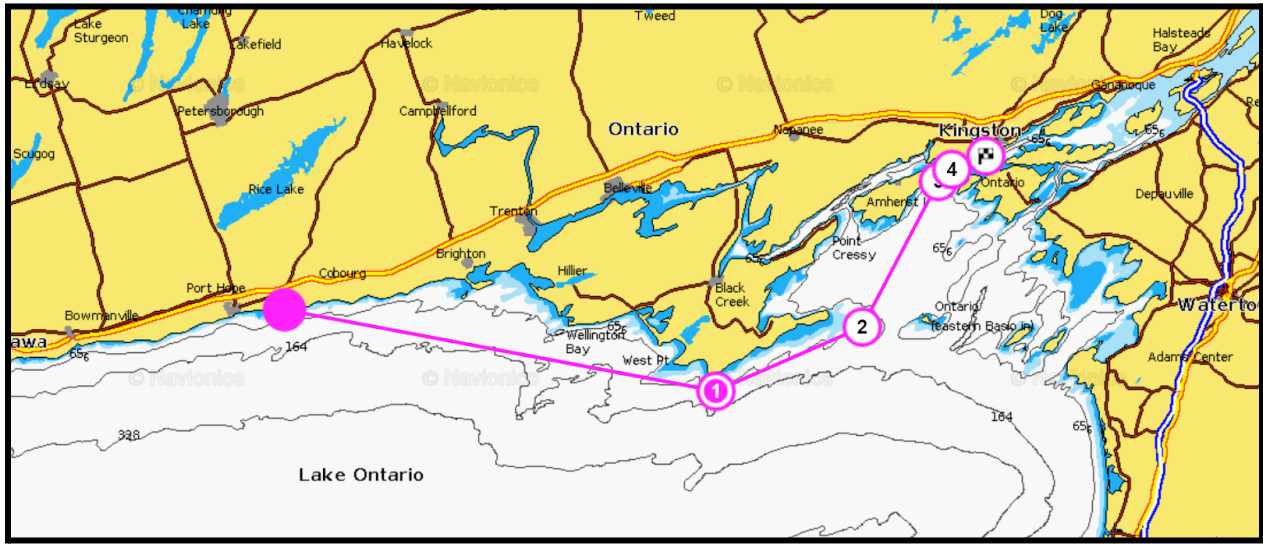
- Founders Cup (East)



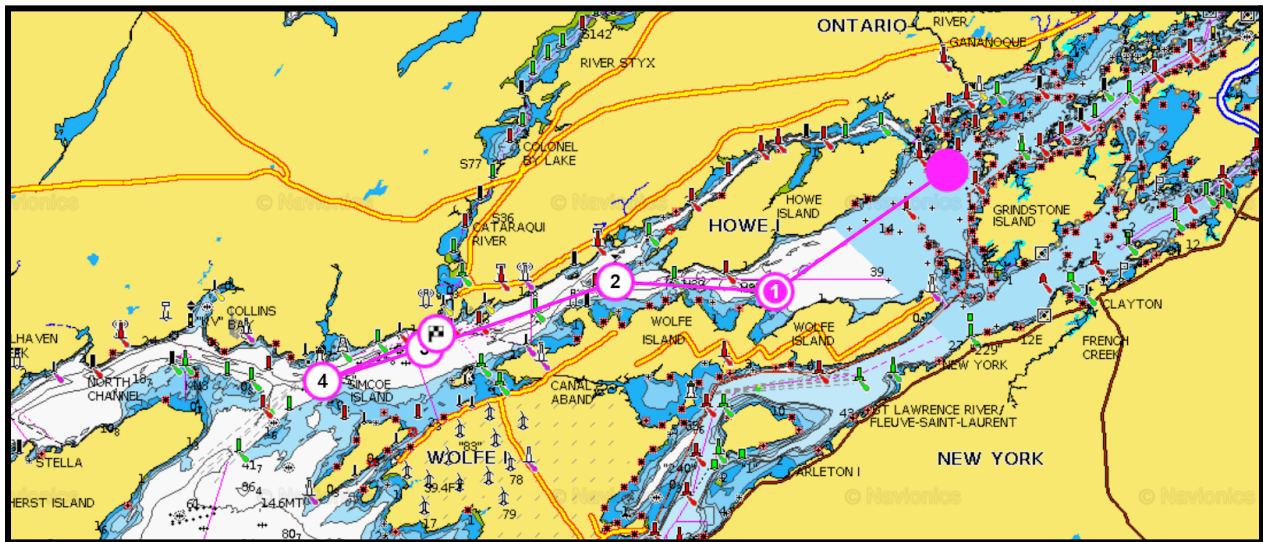
- Founders Cup (West)



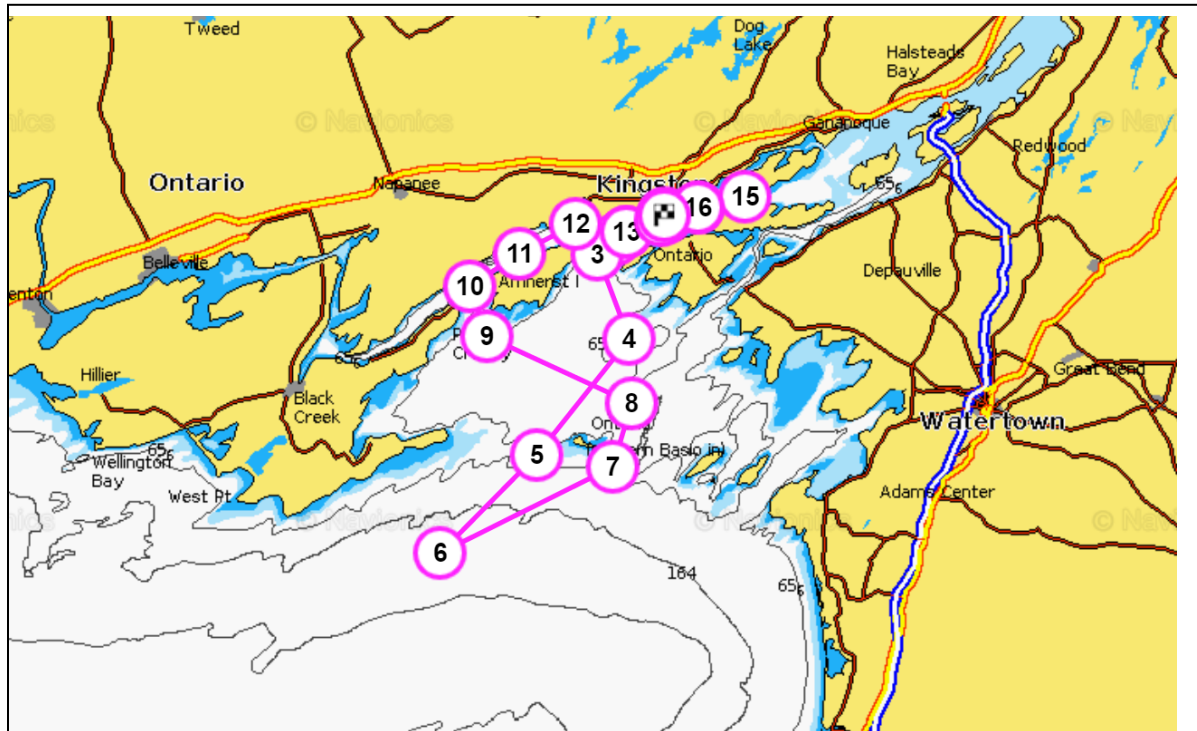
- Centennial Cup West



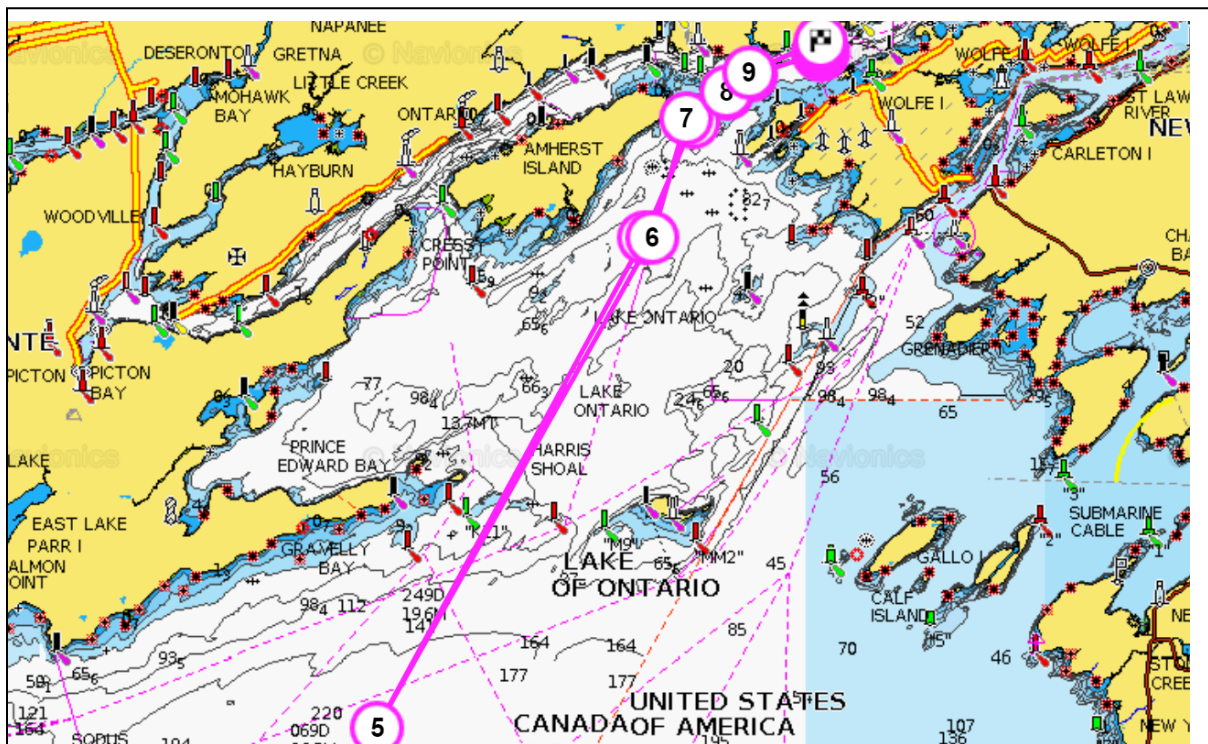
Centennial Cup East



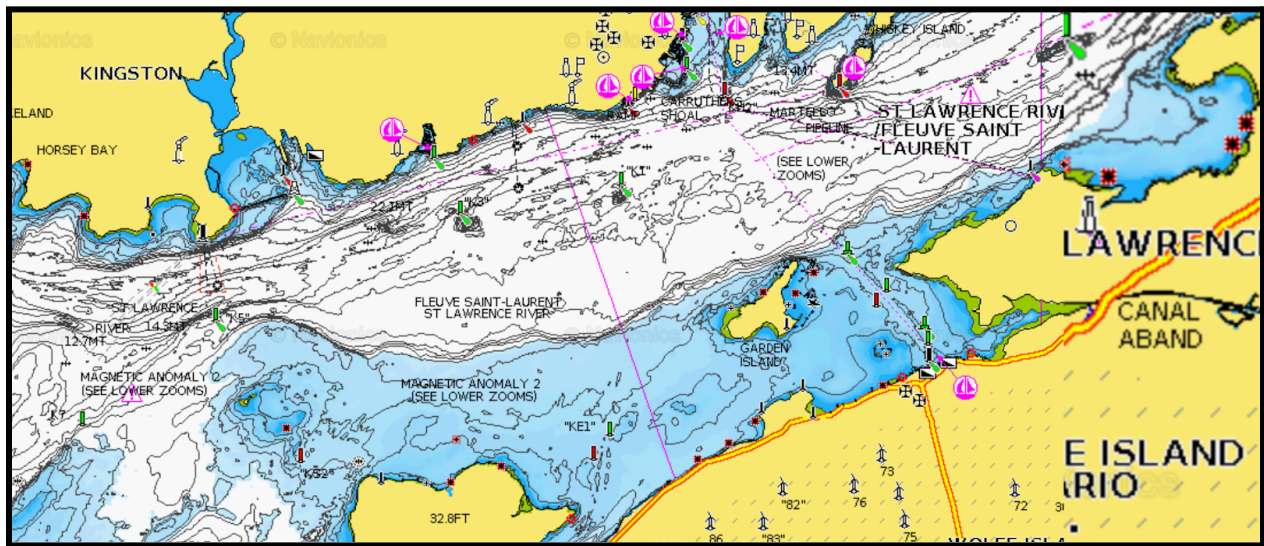
- Freeman Cup
 - Long Race



- Short Race



Course Racing



Addendum B

The LYRA Regatta Championships

1. To be eligible for the PHRF LYRA Regatta Championship, a boat must compete in a PHRF spinnaker division in the Course Racing Series, the Freeman Cup Race, and either the Centennial Cup or Founders' Cup Race.
2. To be eligible for the One-Design LYRA Regatta Championship, a boat must compete in a one-design class for the Course Racing Series.
4. Scoring for the PHRF LYRA Regatta Championships will use the CHIPS 3 highpoint scoring system.
 - 4.1 Scoring for each race or series will be based on the boat's place within its division.
 - 4.2. The weighting of races will be as follows:
 - Centennial Cup or Founders' Cup race 0.5
 - Freeman Cup race 1.0
 - Course Racing Series 2.0
 - 4.3. The boats with the highest combined score in their fleet will be awarded the regatta championships.
5. The One-Design LYRA Regatta Champion will be chosen from among the one-design class winners in the Course Racing Series by a selection committee. The selection committee will consider each class winner's performance and the level of competition in its class.
 - 5.1 The selection committee will be appointed by the regatta PRO in consultation with LYRA and the KYC organising committee. The composition of the selection committee and its decision will not be grounds for redress
6. The LYRA Executive Committee reserves the right not to award one or more of the Regatta Championship awards if, in its opinion, the performance of the boat with the highest score is not commensurate with the "best in fleet" spirit of the awards. This decision will not be grounds for redress.
7. The following perpetual trophies will be awarded to the LYRA Regatta Champions:
 - PHRF LYRA Regatta Champion: Lake Ontario PHRF Bowl
 - One Design LYRA Regatta Champion: Kay Heron Trophy
8. Each Regatta Champion will also receive a battle flag.